

Opt-Out Form for Arizona Parents

Purpose:

As an Arizona parent, you have the right to opt your child out of school activities, surveys, or lessons that involve sensitive topics like politics, religion, sexual attitudes, or health education, under the federal Protection of Pupil Rights Amendment (PPRA)

(<https://www.law.cornell.edu/uscode/text/20/1232h>) and Arizona's A.R.S. § 15-102 (<https://www.azleg.gov/ars/15/00102.htm>). This form helps you formally notify your school of your preferences, ensuring your child's education focuses on core academics (e.g., math, reading, history) and aligns with your family's values. Use this customizable form to clearly state what you want your child to skip and request alternative assignments.

Instructions:

Fill in the blanks with your details and specific opt-out requests.

Submit the form to your school's principal or administration via email, certified mail, or in person (check your school's preferred method, often listed on their website).

Keep a copy for your records and follow up if you don't receive confirmation within 10 business days.

If your school denies your request, contact the U.S. Department of Education for PPRA violations (<https://www2.ed.gov/policy/gen/guid/fpco/ferpa/complaint-process.html>) or the Arizona Department of Education (<https://www.azed.gov/>) for state law issues.

General Opt-Out Form

[Your Name]

[Your Address]

[City, State, ZIP]

[Your Email Address]

[Your Phone Number]

[Date]

[School Name]

[Principal or Administrator Name]

[School Address]

[City, State, ZIP]

Subject: Opt-Out Request for [Child's Full Name], Grade [Grade Level]

Dear [Principal/Administrator Name],

Pursuant to the federal Protection of Pupil Rights Amendment (PPRA) (20 U.S.C. § 1232h, <https://www.law.cornell.edu/uscode/text/20/1232h>) and Arizona's A.R.S. § 15-102 (<https://www.azleg.gov/ars/15/00102.htm>), I am exercising my right as a parent to opt my child, [Child's Full Name], out of the following school activities, surveys, or instructional content for the [School Year, e.g., 2025-2026] school year:

☐ Surveys, questionnaires, or evaluations collecting information on:

☐ Political affiliations or beliefs

☐ Religious practices or beliefs

☐ Sexual behaviors or attitudes

☐ Mental or psychological conditions

☐ Family income or other private

☐ Instructional materials or lessons involving:

☐ Health or sex education (per A.R.S. § 15-102)

☐ Gender identity or sexual orientation

☐ Social-emotional learning programs

☐ Diversity, equity, or inclusion initiatives

☐ Other topics: [Specify, e.g., critical race theory, specific health

☐ Other activities: [Specify, e.g., guest speakers, assemblies, or specific

I request that my child be provided with alternative assignments or activities that focus on core academic subjects (e.g., math, reading, science, history) and align with our family's values. Please confirm receipt of this request in writing and provide details on the alternative arrangements within 10 business days.

If you have questions or need clarification, contact me at [Your Email Address] or [Your Phone Number]. For more information on my rights, I refer you to:

PPRA Guidance: <https://www2.ed.gov/policy/gen/guid/fpco/ppra/index.html>

Arizona Department of Education: <https://www.azed.gov>.

Thank you for respecting my parental rights under federal and Arizona law and ensuring my child's education meets our family's standards.

Sincerely,

[Your Full Name]

Additional Notes for Arizona Parents:

Federal Law: PPRA protects your right to opt out of activities involving sensitive topics without penalty. Schools must notify you of such activities and honor your request (<https://www2.ed.gov/policy/gen/guid/fpco/ppra/index.html>).

Arizona Law: A.R.S. § 15-102 specifically allows opt-outs for health or sex education lessons, and A.R.S. § 15-721 (<https://www.azleg.gov/ars/15/00721.htm>) requires schools to make curricula available for your review. A.R.S. § 1-601 (<https://www.azleg.gov/ars/1/00601.htm>) recognizes your parental rights as fundamental.

Next Steps: Use our **Curriculum Transparency Toolkit** to review school materials or our **Parental Rights Guide** to learn more about your rights. If your school doesn't comply, file a complaint with the U.S. Department of Education (<https://www2.ed.gov/policy/gen/guid/fpco/ferpa/complaint-process.html>) or contact the Arizona Department of Education (<https://www.azed.gov/>).

Get Support: Visit our website for more tools, like the **Parental Rights Guide**, **Curriculum Transparency Toolkit**, or **follow us on X** for updates. Join groups like Arizona Women of Action for local advocacy su